



Health Center
at AURARIA

Transgender & Gender Expansive Healthcare



Plaza Building, Suite 150 | 303-615-9999
healthcenter1.com



Transgender & Gender Expansive Healthcare

The **Health Center at Auraria** offers healthcare to transgender and gender expansive individuals. Services include Gender-Affirming Hormone Therapy, Primary Care and Mental Health Services.

Gender-Affirming Hormone Therapy (GAHT)

There are two types of Gender-Affirming Hormone Therapy which are given based on the goal of treatment.

Feminizing Hormone Therapy – for transgender women, intersex people or gender expansive people. Oral and injectable medications can be prescribed.

Masculinizing Hormone Therapy – for transgender men, intersex people or gender expansive people. Injectable and topical medications can be prescribed.

GAHT APPOINTMENT

Call 303-615-9999 to schedule a GAHT Consultation appointment to discuss the therapy.

Each person who accesses care is unique and because of this it may take several appointments to determine if GAHT is suitable and safe for the individual.

These appointments can include a physical exam, blood tests, and a comprehensive discussion about risks and benefits. The Health Center at Auraria can help individuals acquire a formal medical diagnosis, which is required in order to prescribe GAHT.

The diagnostic code that is assigned is “Gender Dysphoria” sometimes automatically coded as “Gender Identity Disorder”. This is standardized by the National Center for Health Statistics (NCHS) and all medical providers in the United States use the same standards. Gender Dysphoria is defined as the distress that may be associated with the incongruity between sex assigned at birth and current gender identity. If GAHT is prescribed, the intent is to reduce distress and improve quality of life.

GAHT & INFORMED CONSENT

All patients who are prescribed GAHT will review and sign an Informed Consent. This is to ensure that they are aware of the possible outcomes and side effects of starting GAHT. It is also another opportunity to discuss any additional concerns someone has pertaining to GAHT.

Primary Care Services

The Health Center at Auraria offers affirming primary health care services. The medical providers take the patient’s questions, concerns, risk factors and symptoms into account during each appointment.

Mental Health Services

Mental Health Services are available at the Health Center at Auraria. We can also collaborate with all Counseling Centers on campus for cohesive mental healthcare services.

Health Insurance Coverage

Each health insurance plan is different. It is important for any patient to understand what their health insurance plan covers for GAHT, primary care and mental health services or any additional transition-related appointments and services someone may seek.

GAHT is a covered treatment for students on the **University sponsored Student Health Insurance Plan***. In addition, students on the Student Health Insurance Plan have medical and mental appointments at the Health Center at Auraria covered with no copayment.

**Currently offered by MSU Denver to students taking 9 or more credits and by CU Denver to registered International Students.*



To learn more about the services highlighted in this brochure or to make a medical appointment, please call

303-615-9999

Outside Referrals

Many services that transgender and gender expansive individuals might utilize as part of their care will not be directly available at the Health Center at Auraria. Our providers often make referrals to outside providers when additional services are needed.

Services that we can offer referrals for include:

- Voice Care / Speech Therapy
- Surgeries
- Fertility Support
- Laser hair removal

We are always in the process of updating our list of potential referrals and resources. We are happy to hear feedback about outside providers as well as receive information about new potential resources our patients have heard about or worked with. We strive to help our patients access the most comprehensive care possible in their pursuit of well-being.



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